

Handy, dandy, even eye candy

IN today's fast-paced world, need a quick pick-me-up or a pre-workout smoothie done in a jiffy? Well, push that regular old blender aside and feast your eyes on the latest KHIND Personal Blender BL 600P that epitomises ease of use, power and durability.

The BL 600P is a personal blender that offers improved convenience without skimping on the existing pros of bulky blenders; its sleek, compact design takes up very little space. But do not let the size fool you as the blender comes with a powerful 300W motor

that puts the high quality SUS304 stainless steel blades to work, blending all types of fruits and vegetables into the liquid concoction that you desire. And with its one-touch operation, simplicity to function is a plus.

A redeeming feature is the re-settable thermal link, which protects the motor from overheating while the one-year warranty simply adds icing on the cake. An added benefit is that the cool thing-a-magic comes with six recipes for healthy juice-making and two 600ml BPA-free travel bottles with a drink-through lid that prevents spillage and mess.

The KHIND Personal Blender BL 600P is available for purchase at major retail outlets and online via www.khindonline.com. For more information, call KL/Selangor (03-7839 2001), Penang (04-537 2803), Perak (05-541 7520), Malacca (06-281 5717), Johor (07-355 8991), Pahang (09-515 9711) or Kelantan (09-744 8900), or visit www.khind.com.my



Get an i-Pot with the healthy formula

> Morinaga Chil-kid irresistible offer

LESS sweet and more "oishi" (meaning sweet in Japanese), the improved Morinaga Chil-kid formula continues to receive stellar feedback from customers for the balanced essential nutrients it provides growing children between the ages of one and seven.

The formula, which contains galactooligosaccharides (GOS), helps to establish a Bifidobacterium dominant flora and suppresses the growth of harmful bacteria in the intestine, improving stool frequency and relieving symptoms related to constipation.

Moreover, Nucleotides, part of the formula, play an important role in the immune system of children in promoting a healthy gut. Along with AA and DHA, known to enhance the development of the brain and central nervous system, and promote the development of visual and

retinal function – these make for a wholesome Morinaga Chil-kid.

Consumers should take advantage of the current promotion where a Morinaga i-Pot will be given away for every purchase of six Morinaga Chil-kid 900g tins or eight boxes of Morinaga Chil-kid 700g.

The 0.8 litre vacuum-insulated pot is suitable for use as a lunch box to keep food either warm or cool, ideal for those travelling with children.

Morinaga Chil-kid is sold at Chinese medical halls, pharmacies, mini markets and baby shops throughout the country, and via the official online store. The Morinaga i-Pot is available while stocks last.

For more information, follow the [KeluargaMorinagaMalaysia](https://www.facebook.com/KeluargaMorinagaMalaysia) and [MorinagaMilkMalaysia](https://www.facebook.com/MorinagaMilkMalaysia) Facebook pages or visit www.mori2u.com



Growing problem and huge concern

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The owner of Borneo Ink Tattoo has been inking skin for over 22 years. His shop exemplifies the rigorous discipline and experience the owner has accumulated in the craft and in safety procedures, from the many years spent abroad.

As there are no regulations or guidelines in Malaysia when it comes to safety in tattooing, Eddie (and others like him) had to look beyond Malaysia, on the health and safety aspects of the profession.

"I think they should make it compulsory for every shop to have a working sterilisation system; the problem is enforcement. In some countries, tattooing is properly taxed and the health department issues a licence where you have to pay a lot of money to stay in business," Eddie informs.

RACE AGAINST TIME

"If you cross the guidelines, they will revoke your licence. This is supposed to ensure that your shop doesn't become a vector for blood-borne diseases."

It became apparent in both interviews that part of the hurdle in circumventing, raising awareness and providing early treatment of the hepatitis problem lies with the powers that be; as Lim points out that "the science and the tools are all there, it's just how to get the population infected with the disease assisted. That has always been a huge challenge in this country".

"For Pahang, you're looking at testing 750,000 people aged 30 and above. Looking at what we've done in the past ... spending about RM70 per person including treatment



Dr Lim Teck Onn

SAFETY PRECAUTIONS FOR TATTOO LOVERS

- Employ the services of a reputable and preferably licensed tattoo artist.
- Get him/her to wear gloves while getting your tattoo done.
- Demand for a new needle from a sealed and sterilised pack, opened in front of you just before use. * Check if the studio has a functioning autoclave machine that is used to sterilise equipment.
- Request for new, unused pigments and containers.

– the estimated cost would come up to RM52,500,000. That amount, spread out over 10 years would add up to some RM5 million a year," Lim explains.

Running the numbers, he says RM70 to RM100 million would be needed annually for the next 10 years to completely eliminate Hepatitis C as a deadly disease – ultimately saving 10,000 lives each year from liver cirrhosis and liver cancer.

"As an NGO, we don't have that much to spend," informs Lim, who adds that red tape and typical attitudes of some from the public and private health

sectors need "screening". Thankfully those in big cities and developed areas such as the Klang Valley have information within reach and help, easily obtainable.

For more information, visit <https://hepatitisfreemalaysia.org.my/>



scan me for more

Prebiotic GOS helps maintain a good intestinal environment

Bifidobacteria protect children from harmful bacteria by maintaining the health of their intestine



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Morinaga Chil-kid is available in Giant, Cold Storage, Mercat, Aeon, Sogo, Isetan KLCC, Urban Fresh, Village Grocer, Haniffa, Baby Shops, Alpro Pharmacy, AA Pharmacy, Big Pharmacy & Chinese Medical Halls. | Online Store: mori2u.com